**Episode #035 Learn To Embrace The Struggle**

**It's a solo episode this week and Charlie shares a few thoughts on the SAG awards, and some reflections on the work of Craig muMs Grant, Jessica Walter and Larry McMurtry. Charlie also has some things to say about the career of Oscar nominee Paul Raci and his breakout role at the age of 72 in the feature film Sound of Metal.  It's easy to get locked into a sense that everything has to happen RIGHT NOW. This destructive belief that an artistic life is a sprint. How can you work towards a career that defines grit, patience, and a love of the journey itself?  Can you look at your career as a marathon, a long and winding path that may lead you to a deeper appreciation of the creative struggle? Charlie has some advice. You can follow CBP on Instagram @creatingbehavior, and the Maggie Flanigan Studio @maggieflaniganstudio. Leave a message for Charlie through SpeakPipe at** [**https://creatingbehaviorpodcast.com**](https://creatingbehaviorpodcast.com/)

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**Melissa Febos**

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**Francis Bacon**

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