**Episode #039 Creating Intimacy and Setting Boundaries**

**Acting can be boiled essentially into two things, conflict and intimacy. Prioritizing actor's safety and setting  professional guidelines have been in place a long time when it comes to conflict. Intimacy is a completely different story. This week Charlie talks with professional actor and intimacy coordinator Carly Zien. What do they do? Why are they necessary? What are the actor's rights and expectations when it comes to performing sexual acts and other forms of physical intimacy? Charlie and Carly discuss how to set boundaries, how to speak up when you don't feel comfortable or safe, and how to navigate the confusing feelings that actors experience during intense personal working relationships. You can follow CBP on Instagram @creatingbehavior, and Charlie's NYC acting conservatory, the Maggie Flanigan Studio @maggieflaniganstudio. For written transcripts, Charlie's blog, or to contact him for private coaching, check out** [**https://www.creatingbehaviorpodcast.com**](https://www.creatingbehaviorpodcast.com/)

**Carly Zien**

<https://www.carlyzien.com>

**Intimacy Coordinators**

<https://www.idcprofessionals.com>

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