**Episode #050 Answering the Big Question, What’s My Type?**

**If you are an actor,  you've probably stressed a lot about this question. What's my type? On this weeks solo episode, Charlie talks about how you should consider this question, and some ways to keep it from filling you with anxiety. Charlie also shares his thoughts on the importance of Nadine Labaki's film Capernaum, and the Cuban artists who are literally risking their lives to give voice to the fight for freedom. And he confesses his love for Ted Lasso, Shmigadoon, and the amazing documentary Summer of Soul. You can follow CBP on Instagram @creatingbehavior, and Charlie's NYC acting conservatory, the Maggie Flanigan Studio @maggieflaniganstudio. For written transcripts, Charlie's blog, or to contact him for private coaching, check out** [**https://www.creatingbehaviorpodcast.com**](https://www.creatingbehaviorpodcast.com/)

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